

Ride your own ride. Live your own life. Let other people live their lives without you interfering...

Let go of people. What makes you hold on is your own weakness...

Why try to be in control? Control is a backwards mindset. It's the same with playing the victim...

You can never be a failure whilst you're still alive because it's not over yet...

Be careful what you volunteer for – there are people who take advantage of 'volunteers'...

People are 'programmed to die' – you have to see it for yourself. It's in your face and on TV...

You may not agree with me – please share your truth...

If I've made you think then I've successfully served you...

Did it really happen or was it just going on in your head? How much of your life really happened?

People can live in fantasies and programmes and delusions all of their lives and be none the wiser...

I love my wife and my dogs but I'm not emotional about them because I know the day will come when they will be gone...

What we hold onto is our own weakness. Remember, the highest mind has no past (no emotions).

Why aren't the politicians protecting the people in Gaza? Because they're owned by the people who are causing the problem there...

Creation is easy once your wisdom nullifies your past, because then whatsoever you purposely think you manifest. All times exist now, but if you're caught up in your past you can only manifest a future similar to yesterday.

People think that Christ is a religious thing – they're wrong (that's more programming). Christ is a consciousness; the highest state of mind that one can achieve...

I'm not writing this for myself or for any monetary gain; I'm writing it because I care about people; I care about you! I care; I just do. You can do what you like with it. I respect your free will...

Louise Hay wrote a great book but she only got it partly correct. When you're stubborn to change (to evolve yourself) your body will manifest pain & suffering as a reminder. I've had my fair share of it. It's not so noticable when you're young; but your time will come as sure as night follows day...

Our bodies are supposed to be pristine vehicles, but we were never taught that their condition was dependent upon the state of our minds...

Why is this planet in such a mess? Because there's a bunch of obscenely rich (and thus powerful), backward people running it. How was that allowed to happen? Because of our own backwardness...

Tend your own garden and stop deluding yourself. Get real. Reign your untrained mind in. You're not here to change the World; just change you and lead us all by your example...

~ Gary Bate of whatstress dot com